



# IT'S EASY, SEE FOR YOURSELF.

How to use your Vision plan.

Your employer's vision plan offered through Cigna gives you and your family access to quality vision and eye care coverage. Visit your eye doctor regularly to help prevent disease and maintain healthy eyes.

## A specialty network that's truly special

Good news. With Cigna, you have access to one of the largest specialty networks of quality eye doctors.\* From private practice ophthalmologists and optometrists to nationally recognized retail eye care stores, you can find a convenient, trusted doctor in your area.

If you choose one of our in-network eye doctors, you'll get the most savings and virtually no paperwork. You can also choose to see an eye doctor who is out of the network. If you do, you'll have to pay for the service in full at the time of the appointment. And you'll need to submit a claim form to get reimbursed. You are responsible for paying any charges that are not covered under your plan.

## Finding an eye doctor

Please be aware that the Cigna Vision network is different from the networks supporting our health/medical plans.

There are three ways to find an in-network eye doctor in your area:

1. Log into **myCigna.com**, click "Coverage", and select "Vision page". Click on "Visit Cigna Vision". Then select "Find a Cigna Vision Network Eye Care Professional" to search the Cigna Vision Directory.
2. Don't have access to **myCigna.com**? Go to **Cigna.com**, at the top of the page, select "Find A Doctor, Dentist or Facility" then click "Cigna Vision Directory" under "Additional Resources".

We do our best to keep all our information as up to date as possible. However, it's always wise to call the eye doctor's office before your visit to make sure they participate in Cigna's network. Please have your Cigna ID or Cigna Vision ID card available when you call.

Together, all the way.®



## Connect to more

Now that you've signed up for Cigna Vision, you can get all your vision plan details online at **myCigna.com**. Find your specific plan information, all your claims and choose a doctor – all online.

## Schedule an appointment

Be sure to let your eye doctor's office know you've got vision coverage through Cigna. Show them your Cigna ID or Cigna Vision ID when you go to your appointment. This will help the doctor's office access your plan details and make sure you're eligible.

## Getting reimbursed for a claim

Submitting a claim for reimbursement is easy:

1. Fill out the Cigna Vision claim form. You can find it online on **Cigna.com**, or on **myCigna.com**, under "Forms." Make sure to download the Cigna Vision claim form and not the medical form.
2. Attach your itemized receipt.
3. Send to: Cigna Vision  
Claim Department  
P.O. Box 385018  
Birmingham, AL 35238-5018

If you have any questions, call Cigna customer service at the toll-free number found on your Cigna Vision ID card.



## Did you know?

- › The inability of the eye to clearly focus on objects, known as a refractive error, is one of the most common and correctable causes of visual impairment in the United States.\*\*
- › One in four children has a vision problem that can interfere with learning.\*\*\*
- › Getting your eyes dilated is very important for preventing and treating eye conditions that could potentially lead to vision loss.\*\*\*\*



\* NetMinder 9/2018. The Ignition Group makes no warranty regarding the performance of the data and the results that will be obtained by using.

\*\* CDC Vision Health Initiative: Common Eye Disorders, page last reviewed/updated September 29, 2015, <<https://www.cdc.gov/visionhealth/basics/ced/index.html>>

\*\*\* Heiting OD, Gary. "Vision Problems of Schoolchildren" All About Vision. April 2017.

\*\*\*\* Ou, Yvonne. Bright Focus Foundation. "The Dilated Eye Exam: Why It's So Important". February 2017. <<https://www.brightfocus.org/glaucoma/article/dilated-eye-exam-why-its-so-important>>

The eye care professionals and facilities that participate in the Cigna Vision network are independent practitioners solely responsible for the treatment and services provided to their patients. Eye care professionals are not agents of Cigna.

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