Career Certified

Benefits that may help cover costs such as those not covered by your medical plan.

Accident Insurance Benefits

With MetLife, you'll have access to a plan that provides payments in addition to any other insurance payments you may receive¹. Here are just some of the covered events/services².

Benefit Type	Plan Benefits
Accidental Injury Benefits	
Fracture Benefit*	\$400 – \$10,000 depending on the fracture and type of repair
Dislocation Benefit*	\$350 – \$8,000 depending on the dislocation and type of repair
Second or Third Degree Burn Benefit	\$100 – \$15,000 depending on the degree of the burn and the percentage of burnt skin
Concussion Benefit	\$500
Coma Benefit	\$10,000
Laceration Benefit	\$75 – \$700 depending on the length of the cut and type of repair
Broken Tooth Benefit	Crown \$400 Filling \$75 Extraction \$200
Eye Injury Benefit	\$400
Accident - Medical Services & Treatment Benefits	
Ambulance Benefit	Ground: \$400 Air: \$2,000
Emergency Care Benefit	\$250 – \$250 depending on location of care
Non-Emergency Initial Care Benefit	\$100
Physician Follow-Up Visit Benefit	\$100
Therapy Services Benefit	\$50
(including physical therapy)	\$50
Medical Testing Benefit	\$300
Medical Appliance Benefit	\$150 – \$1,000 depending on the appliance
Transportation Benefit	\$600



Pain Management Benefit	0.00	
(for epidural anesthesia)	\$100	
Prosthetic Device Benefit	One device: \$1,250	
	More than one device: \$2,500	
Modification Benefit	\$1,500	
Blood/Plasma/Platelets Benefit	\$600	
Surgical Repair Benefit	\$250-\$2,500 depending on the type of surgery	
Exploratory Surgery Benefit	\$300	
Other Outpatient Surgery Benefit	\$300	
Hospital Benefits		
Admission Benefit	\$1,500 for the day of admission	
ICU Supplemental Admission Benefit	\$1,500 for the day of admission	
Confinement Benefit	\$300 per day	
(paid for up to 365 days per accident)	\$300 per day	
ICU Supplemental Confinement Benefit	\$500 per day	
(paid for up to 365 days per accident)		
Inpatient Rehabilitation Benefit	\$200 per day	
(paid for up to 15 days per accident)	4200 per day	
Accidental Death Benefit		
	\$50,000	
Accidental Death Benefit*	\$150,000 for accidental death on common carrier	
Accidental Dismemberment, Functional Loss & Paralysis Benefits		
Dismemberment/Functional Loss	\$1,000 – \$40,000 depending on the injury	
Paralysis	\$10,000 - \$20,000 depending on the number of limbs	
Other Benefits		
Health Screening Benefit* -	\$100	
benefit provided for certain screening/prevention tests	Paid 1 time per calendar year	
Waiver of Premium Benefit – if you become disabled, premiums will be waived if requirements for waiver are met	Not Included	

Organized Sports Activity Injury Benefit Rider

This coverage includes an Organized Sports Activity Benefit Rider. The rider increases the amount payable under the Certificate for certain benefits by 25% for injuries resulting from an accident that occurred while participating as a player in an organized sports activity. The rider sets forth terms, conditions and limitations, including the covered persons to whom the rider applies.



* Notes Regarding Certain Benefits

- Fracture and Dislocation benefits Chip fractures are paid at 25% of the applicable fracture benefit and partial dislocations are paid at 25% of the applicable dislocation benefit.
- Hospital Benefits Hospital does not include certain facilities such as nursing homes, convalescent care or extended care facilities. See MetLife's Disclosure Statement or Outline of Coverage/Disclosure Document for full details.
- Accidental Death Benefit The benefit amount will be reduced by the amount of any accidental dismemberment/functional loss/paralysis benefits
 and modification benefit paid for injuries sustained by the covered person in the same accident for which the accidental death benefit is being paid.
- Common Carrier Benefit Common Carrier refers to airplanes, trains, buses, trolleys, subways and boats. Certain conditions apply. See your Disclosure Statement or Outline of Coverage/Disclosure Document for specific details. Be sure to review other information contained in this booklet for more details about plan benefits, monthly rates and other terms and conditions.
- Health Screening Benefit The Health Screening Benefit is not available in all states. In some states, the list of eligible screening/prevention
 measures may be limited, and the benefit may be referred to as the Accident Prevention Screening Benefit.
- Organized Sports Activity Injury Benefit Rider The rider is not available in all states. Proof of registration in an Organized Sports Activity in which an Accident occurred is required at time of claim. See your certificate for details.

Benefit Payment Example

Kathy's daughter, Molly, was riding her bike to school. On her way there she fell to the ground, was knocked unconscious, and was taken to the local emergency room (ER) by ambulance for treatment. The ER doctor diagnosed a concussion and a broken tooth. He ordered a CT scan to check for facial fractures too, since Molly's face was very swollen. Molly was released to her primary care physician for follow-up treatment, and her dentist repaired her broken tooth with a crown. Depending on her health insurance, Kathy's out-of-pocket costs could run into hundreds of dollars to cover expenses like insurance co-payments and deductibles. MetLife Group Accident Insurance payments can be used to help cover these unexpected costs.

Covered Event ³	Benefit Amount
Ambulance (ground)	\$400
Emergency Care	\$250
Physician Follow-Up (\$100 x 2)	\$200
Medical Testing	\$300
Concussion	\$500
Broken Tooth (repaired by crown)	\$400
Benefits paid by MetLife Group Accident Insurance	\$2,050

Benefit amount is based on a sample MetLife plan design. Actual plan design and benefits may vary.

Questions & Answers

- Q. Who is eligible to enroll for this accident coverage?
- A. You are eligible to enroll yourself and your eligible family members!⁴ You need to enroll during your Enrollment Period and to be actively at work for your coverage to be effective.
- Q. How do I pay for my accident coverage?
- A. Premiums will be paid through payroll deduction, so you don't have to worry about writing a check or missing a payment.
- Q. What happens if my employment status changes? Can I take my coverage with me?
- A. Yes, you can take your coverage with you.⁵ You will need to continue to pay your premiums to keep your coverage in force. Your coverage will only end if you stop paying your premium or if your employer offers you similar coverage with a different insurance carrier.
- Q. Who do I call for assistance?
- A. Contact a MetLife Customer Service Representative at 1 800- GET-MET8 (1-800-438-6388), Monday through Friday from 8:00 a.m. to 8:00 p.m., EST.



Insurance Rates

MetLife offers group rates and payroll deduction, so you don't have to worry about writing a check or missing a payment! Your employee rates are outlined below.

Accident Insurance	Monthly Cost to You
Coverage Options	Low Plan
Employee	\$13.06
Employee & Spouse	\$20.63
Employee & Child(ren)	\$20.66
Employee & Spouse/Child(ren)	\$28.25

¹ Covered services/treatments must be the result of a covered accident or sickness as defined in the group policy/certificate. See your Disclosure Statement or Outline of Coverage/Disclosure Document for full details.

² Availability of benefits varies by state. See your Disclosure Statement or Outline of Coverage/Disclosure Document for state variations.

³ Benefits and amounts are based on sample MetLife plan design. Plan design and plan benefits may vary.

⁵ Eligibility for portability through the Continuation of Insurance with Premium Payment provision may be subject to certain eligibility requirements and limitations. For more information, contact your MetLife representative.

METLIFE'S ACCIDENT INSURANCE IS A LIMITED BENEFIT GROUP INSURANCE POLICY. The policy is not intended to be a substitute for medical coverage and certain states may require the insured to have medical coverage to enroll for the coverage. The policy or its provisions may vary or be unavailable in some states. Like most group accident and health insurance policies, policies offered by MetLife may include waiting periods and contain certain exclusions, limitations and terms for keeping them in force. For complete details of coverage and availability, please refer to the group policy form GPNP12-AX or contact MetLife.

Benefits are underwritten by Metropolitan Life Insurance Company, New York, NY. Hospital does not include certain facilities such as nursing homes, convalescent care or extended care facilities. See MetLife's Disclosure Statement or Outline of Coverage/Disclosure Document for full details.



⁴ Coverage is guaranteed provided (1) the employee is actively at work and (2) dependents to be covered are not subject to medical restrictions as set forth on the enrollment form and in the Certificate. Some states require the insured to have medical coverage. Children may be covered to age 26. There are benefit reductions that may begin at age 65.